

COASTAL MAINE TRIP, 2005

DAY 1 IPSWICH, MA TO ELIOT, ME

0	RT	Rt.1A downtown Ipswich
7.7	LT	Newman Rd.
8.8	RT	Hay St.
9.6	LT	Green St.
10.5	RT	Hanover St.
10.6		Cross Rt. 1A onto Rolfes Lane (Ocean Ave.)
11.1	LT	Water St. (Plum Island Parkway)
11.5	LT	Downtown Newburyport
12	RT	High St. in Newburyport. 1.5 miles on bike lane
13.5	straight	TakeFerry St. (middle road) where 113 goes left
14	RT	Spofford St. toward chain bridge
14.8	LT	Main St. after Chain Bridge
15.2	RT	Clarks Rd.
15.5	straight	Cross Macy St. onto Elm St.
17.3	RT	Rt 150 in downtown Amesbury
17.6	straight	on Rt. 150 where Rt. 107A goes left
21		Stay on 150 at intersection with 84
25	RT	Rt. 108 toward Exeter (becomes Court St.)
27.5	RT	Front St. in Exeter
27.6	RT	Main St. (may be called High St.)
29	RT	Bear right on Hampton Rd.
29.5	LT	Guinea Rd.
30.2	RT	Stratham Heights Rd.
31.5	LT	Bunker Hill Rd.
31.9	RT	Union Rd. (becomes Winnicut Rd.)
35.5	RT	Portsmouth Ave. (Rt. 33)
38.7	LT	Grafton Rd. in Portsmouth
40	RT	Corporate Drive
40.5	RT	Bike Path
41	RT	Woodbury St. in Portsmouth
41.2	LT	Dennet St.
42	RT	Maplewood Ave.
42.2	LT	Daniel St.
42.5	LT	Merge with Rt. 1, cross the Memorial Bridge to Kittery
43.3	RT	Hunter Ave immediately after bridge in Kittery
43.3	RT	After bridge from Portsmouth , bear right Hunter Ave.
43.4	RT	New March Street,
43.6	straight	remaining on Government Street.
43.9	RT	Cook Street/Route 103
44.2	LT	Bear left Dennett Road
44.4	straight	straight on Dennett Road, do not follow Route 103.
47.2		State Road becomes Route 103.
51.1	LT	Worcester Road, go 0.5 mile to Houde Rd..
51.6	LT	Houde Rd. and go 0.2 mile to Heron Cove Rd.
51.8	RT	Heron Cove Rd
52.4	LT	Walkbike, and then turn left on Rt. 101.
52.6	straight	Old Fields Road on the right

53 LT Shorey's Brook Lane and then left on Indian Rivers Rd.
Indian Rivers Campground, 3 Indian Rivers Rd. Eliot ME 207-748-0844

Bike New England, <http://www.bikenewengland.com>

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