Salt Marsh Ride from Rowley, Short Ride 32 miles

North Shore Cyclists

0.0	Start: Pine Grove School, Rowley MA		21.7		Cross Rt. 1 onto Middle Rd
0.1	R	Main St. (Rt. 1A)	23.9	${f L}$	Middle Rd.
4.1	${f L}$	Newman Rd after bridge			(Orchard goes straight)
5.2	R	Hay St	25.1	R	Elm St.
6.0	${f L}$	Green St	26.3	\mathbf{S}	Elm St. (School goes Right)
7.0	R	Hanover St (Short split)	26.9	\mathbf{BL}	Warren St at fork
7.2	\mathbf{S}	Cross Rt. 1A on Rolfes Lane	27.9	\mathbf{L}	Jewett St. (Weathersfield)
7.7	R	Plum Island Turnpike	30.1	\mathbf{S}	Cross Rt. 1 on Weathersfield
9.6	R	Sunset Dr.	31.8	R	Central St.
10.1	\mathbf{S}	Enter Refuge (\$2)	31.8	\mathbf{BL}	Bear left at fork
13.9	Rev	Reverse at end of paved road	31.9	\mathbf{L}	Main St. (Rt. 1A)
18.1	${f L}$	Plum Island Turnpike	32.0	R	Pine Grove School (End)
20.0	${f L}$	Ocean St. (Rolfe's Lane			

