



# North Shore Cyclists

**Grub, Sweat & Gears Ride**

**Short Route - 25.3 Miles**

**Topsfield Plaza - Topsfield, MA**

**Howard & Ellen Wack 978-273-1971**

<u>Miles</u>	<u>Turn</u>	<u>Road Directions</u>
0.0	RIGHT	TOPSFIELD PLAZA
0.7	RIGHT	SALEM
0.9	RIGHT	RIVER
2.5	STRAIGHT	FULLER
2.7	RIGHT	MIDDLETON
5.1	LEFT	MAIN
6.0	LEFT	LAWRENCE
6.3	LEFT	BROOKVIEW
8.1	LEFT	FOREST
9.1	RIGHT	SHARPNERS POND
9.9	RIGHT	SALEM
12.6	STRAIGHT	FOSTER (M&L SPLITS)
13.9	LEFT	WINTER
15.3	RIGHT	DALE/IPSWICH
16.3	RIGHT	MAIN
17.1	BEAR RIGHT	MAPLE
17.6	RIGHT	MAIN
19.1	LEFT	SHEFFIELD
19.7	LEFT	HERRICK
20.0	RIGHT	HIGH RIDGE
21.3	RIGHT	GEORGETOWN
22.4	LEFT	TOPSFIELD
25.2	RIGHT	HIGH STREET EXTENSION
25.3	RIGHT	WEST COMMON
25.4	RIGHT	MAIN
25.6	RIGHT	TOPSFIELD PLAZA

**ARROW =**



**YELLOW HIGHLIGHT = BOXFORD = NO ARROWS**

Join us for a cookout and swimming after the ride. Left out of the parking lot; 2.3 miles on right; 175 Haverhill Road just after gas station. \$5 or bring food to share.