

Start: Hammatt St. parking lot, downtown Ipswich, Massachusetts

7.50	<b>T</b>	<del>-</del>	40.5		
Mile	Turn	Instruction	40.3	L	Wethersfield Rd.
	_		41.1	S	Cross Rt. 1
0.0	L	Hammatt St.	42.7	R	Independent St.
0.1	R	Washington St.	42.9	R	Main St/ Rt. 1A S in Rowley
0.6	L	Linebrook Rd.	44.5	R	Mile Lane at Clam Box
2.2	R	Mile Lane	45.3	L	Linebrook Rd.
3.0	L	MA-133 W/ 1A N	46.8	R	Washington St.
5.0	$\mathbf{S}$	continue through Rowley	47.3	L	Hammatt St. after tracks
8.9	${f L}$	Newman Rd. after bridge	47.4	S	Hammatt St Parking Lot on right
10.1	R	Hay St.			
10.9	L	Green St.	Option		Continue for Crane Beach Loop
12.0	R	Hanover St. at Newbury Green	47.5	R	Central St/ Rt. 1A / Rt. 133
12.2	$\mathbf{S}$	Cross 1A onto Rolfes Lane	47.9	BR	(ride through South Green)
12.8	R	Water St./ Plum Island Turnpike	48.0	$\mathbf{S}$	County Rd./ Rt. 1A / Rt. 133
12.9	Joppa	Flats Audubon Center on left	48.4	$\mathbf{L}$	Rt. 133 E/Essex Rd
14.7	$\mathbf{R}$	<b>Sunset Drive</b>	50.2	$\mathbf{L}$	Northgate Rd.
15.3	S	Parker Island National Refuge (\$2)	51.0	R	Argilla Rd.
18.9	Rev	Reverse at end of paved road	53.0	$\mathbf{L}$	Crane Castle climb at Inn
		(restrooms beyond parking lot)	Alt	$\mathbf{S}$	(or reverse at beach parking lot)
22.6	$\mathbf{S}$	Leave Parker Refuge	54.0	Rev	Reverse on Argilla Rd after
23.2	${f L}$	Plum Island Turnpike			Castle or beach
25.1	${f L}$	Ocean Ave / Rolfes Lane	58.0	R	Payne St.
25.7	R	High Rd/ Rt. 1A N	58.0	${f L}$	Poplar St.
		(medium/short straight)	58.1	R	County St.
26.8	${f L}$	Pond St after traffic light	58.4	${f L}$	Green St.
27.1	$\mathbf{S}$	Cross Rt. 1 onto Low St	58.6	$\mathbf{S}$	Cross Market St. in Ipswich
27.7	L	Hale St.	58.8	R	Depot Square
29.5	${f L}$	Turkey Hill Rd.	58.9	R	Hammatt St.
31.6	${f L}$	South St (Scotland Rd.)	59.0	R	End: Hammatt St. Parking Lot
33.8	R	Highfield Rd.			_
34.5	R	Middle Rd. (rejoin short/med.)			
36.3	L	Middle Rd. (Orchard is straight)		1	
	Ride through Governors Academy				
37.4	R	Elm St. after Academy			
38.5	L	Coleman Rd.	D		
39.3	R	Hillside St. (sharp right)	Route	Arrov	V