



North Shore Cyclists

Salt Marsh Tour

Medium route 40 miles

Start: Hammatt St. parking lot, downtown Ipswich, Massachusetts

Mile	Turn	Instruction
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0.0	L	Hammatt St.
0.1	R	Washington St.
0.6	L	Linebrook Rd.
2.2	R	Mile Lane
3.0	L	MA-133 W/ 1A N
5.0	S	continue through Rowley
8.9	L	Newman Rd. after bridge
10.1	R	Hay St.
10.9	L	Green St.
12.0	R	Hanover St. at Newbury Green
12.2	S	Cross 1A onto Rolfes Lane
12.8	R	Water St./ Plum Island Turnpike
12.9		(Joppa Flats Audubon Center)
14.7	R	Sunset Drive on Plum Island
15.3	S	Parker River Refuge
		(\$2 entry or Golden Pass)
18.9	Rev.	Reverse at end of paved road
		(restrooms beyond parking lot)
22.6	S	Leave Parker River Refuge
23.2	L	Plum Island Turnpike
25.1	L	Ocean Ave / Rolfes Lane

25.7	S	Cross: Rt. 1A (Long goes right)
26.8	S	Cross Rt. 1 onto Middle Rd.
27.5		(long rejoins from Highfield)
29.0	L	Middle Rd.
		Ride through Governors Academy
30.2	R	Elm St.
31.3	L	Coleman Rd
32.1	R	Hillside St. (sharp right)
33.1	L	Wethersfield St.
33.9	S	Cross Rt. 1
35.5	R	Independent St. in Rowley
35.7	R	Main St. / Rt. 1A S in Rowley
37.3	R	Mile Lane at Clam Box
38.1	L	Linebrook Rd.
39.6	R	Washington St.
40.1	L	Hammatt St. after tracks
40.2	End	Hammatt St. Parking Lot



Route Arrow