

Adirondack Coast Bikeways



14 Loops



This guide describes fourteen routes on paved and unpaved country roads. The best direction of travel is described in the mile point directions. Though you are in the Adirondack Park, most land in this area is privately owned and we ask you to respect all property. Because of farming, forestry, and boating activities be vigilant of farm and logging vehicles, and vehicles pulling boat trailers. For safety and courtesy follow conventional rules: wear a helmet, cycle single file and to the far right, use hand signals for turns and stops, and obey motorist traffic signs.

Adirondack Coast Bikeways

A Mini-Network of Lake Champlain Bikeways

The 14 bicycle loops described herein are part of Lake Champlain Bikeways, an organization that is creating and promoting an international network of bicycle routes on roads around Lake Champlain in New York, Vermont and Québec. To date, Lake Champlain Bikeways has set out a 350-mile principal route around the lake from Whitehall, New York to Chambly, Québec called the "Champlain Bikeway." Connected to the Champlain Bikeway are 26 interpretive bicycle loops. These theme loops, 750 miles in all, link the lake region's natural, cultural, agricultural, recreational and historic resources.

For more information on bicycling in the Champlain Valley:

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Acknowledgements:

This guide was produced by Adirondack Coast Bikeways, a grassroots initiative of cyclists, businesses, the Lake Champlain Visitors Center, Cornell Cooperative Extension, Adirondack Council, Ft. Ticonderoga, Boquet River Association, Moriah Economic Development Zone, and Pride of Ticonderoga in cooperation with Lake Champlain Bikeways. Technical and financial assistance has been provided by the Lake Champlain Basin Program, the Honeybee Community Fund, the Cooperative Business Network, and lakechamplainregion.com. These partners support the efforts of Lake Champlain Bikeways, which includes these loops as part of its 1,100 mile network.



Disclaimer:

Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or are signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are highly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.

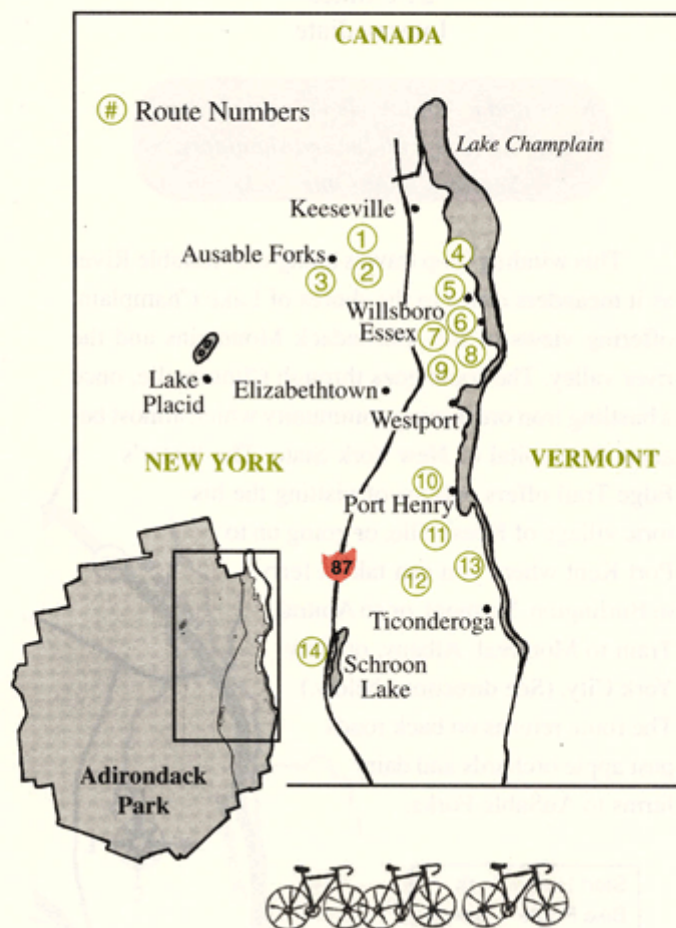
The Adirondack Coast

Welcome to the Adirondack Coast, a treasured link of the Lake Champlain Bikeways Network. The name refers to a unique transitional zone, a place where two coasts and two cultures meet, where mountains flow into pastures and the waters of Lake Champlain. Rural Champlain Valley roads will transport you back to an era of small farms and villages still defined by their natural setting. The area was not always so peaceful. As you stop to admire breathtaking views or wildlife, keep in mind settlers efforts to tame the "howling wilderness," the important military battles, and the slashing, burning, forging industries of the last century. These left mountains denuded of trees, air fouled with smoke, and rivers and lakes choked with slag, ash, sawdust, and logs.

Iron forges were the principal industry during the 1800s. Ore was dug from the mountains, burned in kilns and shoveled into forges. The reduced iron was levered from the hearth, and the "bloom" was pounded by water powered hammers to expel any remaining slag. Blooms were turned into nails, anchors, steamboat parts, or loaded onto canal boats by "dock wallopers" maneuvering 500 lb. wheelbarrow loads. Charcoal to fire the forges required huge quantities of hardwood. Along with continual burning of wood and charcoal, limestone was quarried and burned for lime, logs were cut and driven down rivers for ship building and housing, and sawmills, gristmills, and tanneries needed dams and wash water. Lakes and rivers were the energy source, highway, and dumping ground. Lake Champlain docks loaded sloops and canal boats bound for Canada or the Hudson River.

As hardwoods became scarce, and mineral coal replaced charcoal, Adirondack forges began to close. By 1900, most small forges were gone. The land began its transformation to the tapestry you see today. Up-

Overview Map



land forests look pristine, populations are centered in compact hamlets, farms dot the landscape, and water quality and species are restored. Most bird species of the Adirondack Park are found in the region, as are eagles, peregrine falcons, mountain lions, moose, lynx, rare bats and plants. Plans for economic growth focus on these cultural and environmental resources. We encourage bicycling, hiking, and boating because of their low impact and because a slow exploration of the region offers the greatest enjoyment.

①The Water's Edge Trail

21.8 miles
Intermediate

*River and mountain views, some heavier traffic areas with limited shoulders.
Services in Ausable Forks.*

This winding loop travels along the AuSable River as it meanders down to the shores of Lake Champlain, offering views of the Adirondack Mountains and the river valley. The route goes through Clintonville, once a bustling iron ore mining community which almost became the capital of New York State. The Water's Edge Trail offers options of visiting the historic village of Keeseville, or going on to Port Kent where you can take a ferry to Burlington, Vermont, or an Amtrak Train to Montreal, Albany, or New York City. (See directions below.) The route returns on back roads past apple orchards and dairy farms to Ausable Forks.

Mile Point Directions

- 0.0 Turn R out of Grand Union parking lot onto Rt. 9N.
- 9.3 Enter Keeseville, continue to traffic light.
- 9.5 At traffic light at four corners, turn L onto Rt. 22 to return to Ausable Forks.
- 9.6 At top of hill, turn R onto Grove St. (becomes Chasm Rd.)
- 10.4 Chasm Rd. bears L, past apple orchard.
- 11.1 L at stop intersection onto Arthur Rd.
- 11.5 Straight through Rt. 22 intersection.
- 12.5 Turn R at stop intersection onto Union Rd.
- 12.6 At next intersection, turn L onto Harkness Rd.
- 15.2 Through intersection onto Clintonville Rd.
- 16.8 Bear R to Dry Bridge Rd.
- 19.1 Bear L onto Golf Course Rd.

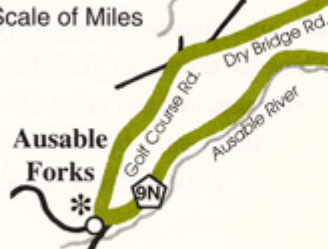
- 21.3 Through stop intersection to downtown Ausable Forks.
- 21.8 Grand Union parking lot.

Alternate Route to Port Kent Ferry

- 9.5 At traffic light at four corners, turn R onto Rt. 22 to downtown Keeseville.
- 10.2 At second traffic light, turn L onto Rt. 9 following signs to Ausable Chasm.
- 11.2 Turn R onto Old State Rd. at Ausable Chasm sign.
- 11.7 Cross over Ausable Chasm on one-lane bridge. Turn L onto Mace Chasm Rd.
- 12.2 At stop sign, turn R onto Rt. 373.
- 14.9 Port Kent ferry dock to Burlington, Vt. and Amtrak stop. Return to Keeseville and continue following Water's Edge Trail directions back to Ausable Forks.



0 1 2
Scale of Miles



②The Rapid Descent Trail

16.9 miles
Intermediate

*Open views of the AuSable River
and the Jay Range.*

Services in Wilmington and Jay.

Narrow downhill section on Springfield Rd.

This bike loop begins at the base of Whiteface Mountain, a downhill ski area in the heart of the Adirondack Mountains. The trip descends on back roads, to Jay, and then wanders along the AuSable River, with opportunities to enjoy the scenery, picnic or to wade in the cool waters. At the Village Green in Jay, you can ride a short distance to the Jay Rapids and covered bridge to soak up the summer sun on the rocks, or swim in the shallow pools.



Mile Point Directions

- 0.0 Whiteface Mountain Ski Center, Turn L onto Rt. 86.
- 1.6 Turn R onto Fox Farm Road.
- 1.8 Turn R onto Springfield Road.
- 5.3 Turn L onto Rt. 9N.
- 8.8 Jay Village Green. Turn R onto Mill Hill Road. Turn L up Rt. 86 to return to Whiteface Mountain.
- 11.4 At intersection of Hardy Rd. and Rt. 86 remain on Rt. 86.
(For a shorter route, turn R on Hardy Rd. to connect with Springfield Rd. and return to Whiteface Mt. Ski Center.)
- 14.4 Intersection of Rt. 86, Whiteface Veterans Memorial Highway, and Bonnieview Rd. Turn L and remain on Rt. 86.
- 16.9 Turn R across AuSable River to return to Whiteface Mountain Ski Center.

0 1 2
Scale of Miles



Start Here	*
Bike Route	
Camping	



③ The River Forks Trail

11.6 Miles
Intermediate

*Forest, farm, and mountain views.
Busier traffic with limited shoulders on
Rt. 9N between AuSable Forks and Jay.
Services in AuSable Forks and Jay.*

The River Forks Trail follows back roads of forest and farmland between the communities of Jay and AuSable Forks. Open spaces provide views of the Jay Range, small brooks and streams meander in and out. In AuSable Forks, the East and West branches of the AuSable River converge. The area along the river on Grove Road east of AuSable Forks was lined with historic homes, many of which suffered the effects of a flood in 1997 which moved houses off foundations and dug huge ditches. The "Grove" area is now state land.



Mile Point Directions

- 0.0** Jay Village Green Park. Turn R onto Mill Hill Rd.
- 0.9** Cross one-lane bridge at Jay Rapids and site of old covered bridge. Turn L on North Jay Rd. (Rt. 64).
- 3.5** At intersection of Stickney Bridge Rd. and Green St., turn R onto Green St. to continue on The River Forks Trail. (For a shorter route, turn L onto Stickney Bridge Rd. and continue 1.5 miles to Rt. 9N. Turn L onto Rt. 9N and return approximately 2 miles to Jay Village Green.)
- 5.7** Turn L onto Grove Rd.
- 7.1** Bear L onto Rolling Mill Hill Rd., cross bridge over AuSable River to East Forge St. and downtown AuSable Forks.
- 7.4** To return to Jay turn L onto Rt. 9N (Main St.).
- 7.5** Bear R, remaining on Rt. 9N.
- 11.6** Jay Village Green.



④ Surrounded by Water

13.7 miles

Intermediate

Mostly paved and flat. Services and commercial traffic in Willsboro. Lake views.

The route begins in the Town of Willsboro, founded in 1765 by William Gilliland. Settlers dammed the Boquet River and built a sawmill and community buildings near the falls, on the east side of the bridge. The town was destroyed during the Revolutionary War but was rebuilt by 1800. The river powered the Willsboro Iron Works, one of the best known forges in the US and Canada, and a paper pulp mill. The black ash piles that were a by-product of the mill can be seen downstream of the falls. The river historically supported Landlocked Atlantic Salmon, which were wiped out as a result of industrial pollution. Salmon were eventually restored, and you can visit the Fishway at the falls. On Willsboro Point there is an experimental agricultural farm run by Cornell University, and you can visit Samuel Adsit's log cabin, built in 1778 for his family of sixteen. Note numerous houses made of Lake Champlain Blue Stone that was quarried on Willsboro Point and used in the foundation of the Brooklyn Bridge and Albany State Capital, NY.

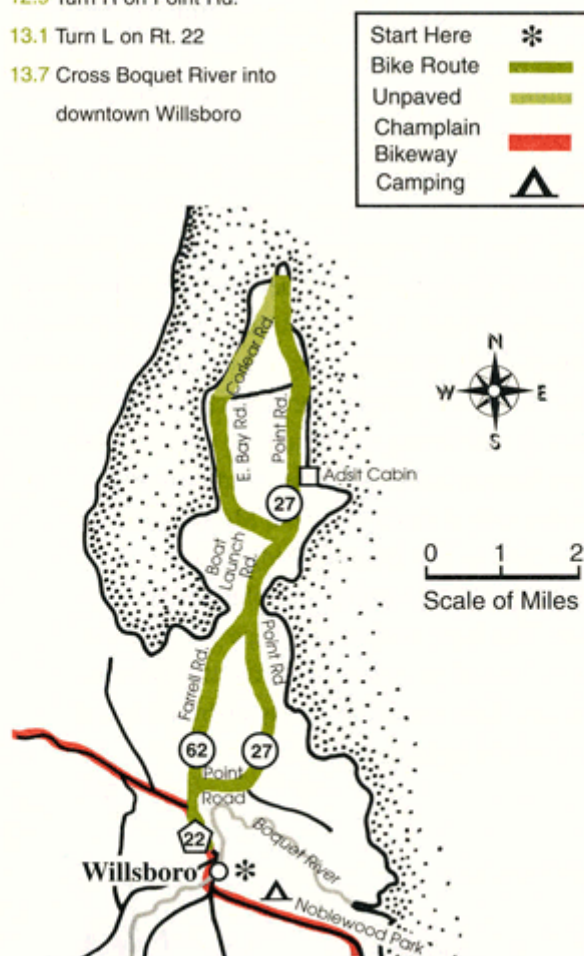


Mile Point Directions

- 0.0 Willsboro Village at Boquet River - Head N on Route 22
up a steep hill.
- 0.6 Turn R on County 27/Point Rd.
- 3.0 Willsboro Public Boat Launch
- 4.7 Adsit Cabin and historical marker.
- 5.6 Continue on Sabausin Rd.
- 6.7 Turn L on Corlear Rd.
- 8.0 Straight on east Bay Rd.
- 9.7 Road name changed to Frisbee Rd.
- 10.1 Turn R on County 27/Point Rd.
- 10.8 Road to State Boat Launch.
- 11.0 Turn R on Farrell Rd./Rt. 62.
- 12.9 Turn R on Point Rd.
- 13.1 Turn L on Rt. 22
- 13.7 Cross Boquet River into
downtown Willsboro
- Start Here *

Bike Route

Unpaved



⑤ Rolling Reber Ramble

18.6 miles
Intermediate

*Paved, services in Willsboro,
truck traffic on short stretch of County 57.
Occasional steep hills, farm & mountain views.*

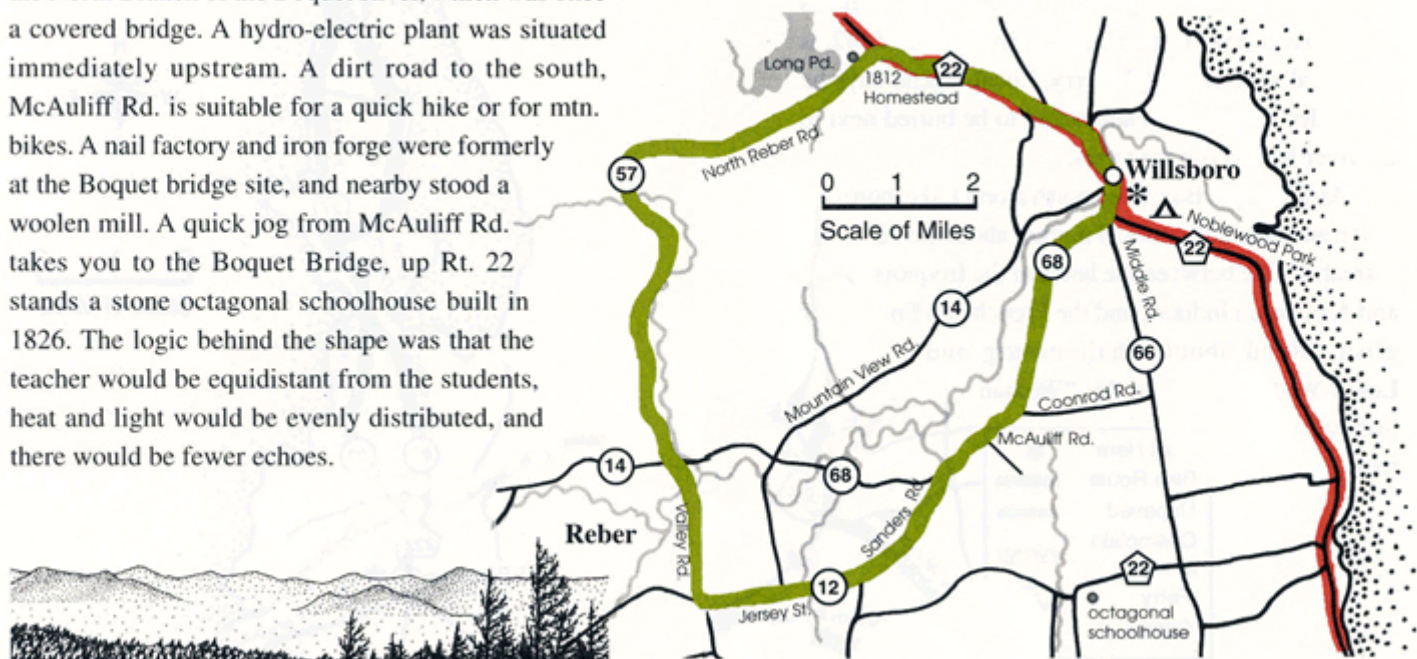
West of Willsboro lies Long Pond, the 1812 Homestead, and Reber, originally called Flackville and settled in 1818. Today, the Reber area is a rolling patchwork of woods, houses, and farm fields with vistas of the western Adirondacks. Note the Reber Methodist Church on the east side of the Reber Valley Rd., built in 1875. The bridge next to the church was the site of an 1818 sawmill. Mountain View Rd. goes around a wollastonite mine. Wollastonite is used in products such as pottery, plywood, wallboard, porcelain, and paints. Many of the area's dirt roads are made of tailings from this mine. West Rd. brings you to the Morehaus Bridge on the North Branch of the Boquet River, which was once a covered bridge. A hydro-electric plant was situated immediately upstream. A dirt road to the south, McAuliff Rd. is suitable for a quick hike or for mtn. bikes. A nail factory and iron forge were formerly at the Boquet bridge site, and nearby stood a woolen mill. A quick jog from McAuliff Rd. takes you to the Boquet Bridge, up Rt. 22 stands a stone octagonal schoolhouse built in 1826. The logic behind the shape was that the teacher would be equidistant from the students, heat and light would be evenly distributed, and there would be fewer echoes.

Mile Point Directions

- 0.0 Willsboro Village at Boquet River - Head N on Rt. 22 up a steep hill.
- 3.4 Turn L on North Reber Rd.
- 3.5 1812 Homestead
- 9.7 Intersect County 14 and continue straight at County 57/ Reber Valley Rd.
- 10.2 Reber Methodist Church
- 11.3 Turn L on County 12/Jersey St.
- 12.9 Bear L on Sanders Rd.
- 14.5 Turn R on County 68/West Rd.
- 15.1 McAuliff Rd.
- 15.6 Bear L on West Rd. at Coonrod Rd.
- 18.0 Turn L on County 66/Middle Rd.
- 18.1 Turn L on Rt. 22 to downtown Willsboro.
- 18.6 Boquet River



Start Here	*
Bike Route	—
Champlain Bikeway	—
Camping	▲



⑥ Joe's Random Scoot

38.1 miles

Intermediate

Open and wooded terrain, low traffic, services in Essex and Whallonsburg.

This long bike loop begins in Essex, which was a bustling port in the early and mid-nineteenth century and is a remarkably preserved historic community. The entire hamlet is designated as a National Historic District, with 160 structures built between 1810 and 1860. Fortunes were made here in timber, agriculture, iron, retailing, shoes, and ship building.

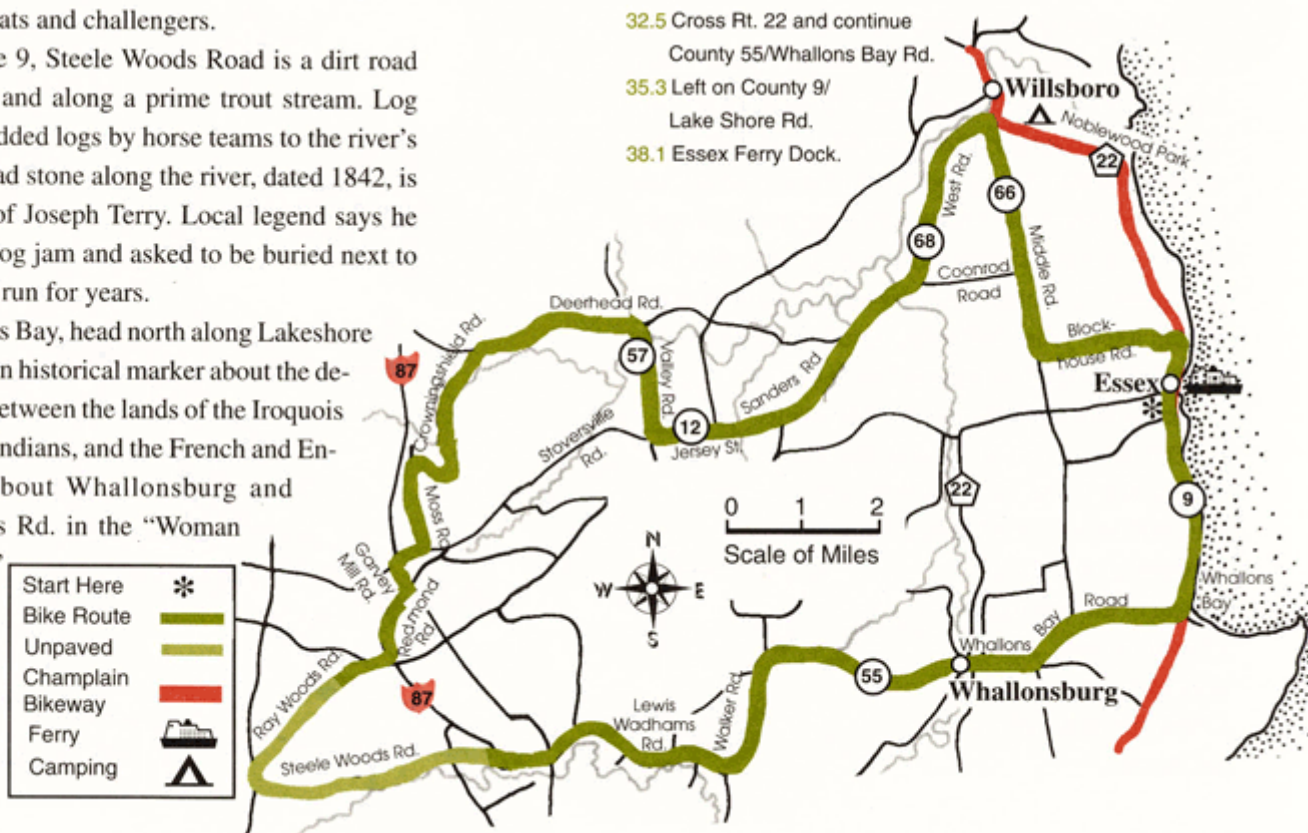
West of Willsboro along the Boquet River was the once bustling community of Stowersville. It was also the home of Joe Call, known as the "Lewis Giant" who was a wrestler, strongman, and the subject of many stories about his feats and challengers.

From Route 9, Steele Woods Road is a dirt road through forests and along a prime trout stream. Log drivers once skidded logs by horse teams to the river's edge here. A head stone along the river, dated 1842, is the burial spot of Joseph Terry. Local legend says he was killed in a log jam and asked to be buried next to the river he had run for years.

At Whallons Bay, head north along Lakeshore Drive and note an historical marker about the demarcation line between the lands of the Iroquois and Algonquin Indians, and the French and English. (Read about Whallonsburg and Lewis-Wadhams Rd. in the "Woman Suffrage Way" route.)

Mile Point Directions

- 0.0 Head North on Rt. 22 at Essex Ferry Dock.
- 0.7 Turn L on Blockhouse Rd.
- 2.5 Turn R on County 66/Middle Rd.
- 5.5 Turn L on County 68/West Rd.
- 7.9 Bear R on West Road at Coonrod Rd.
- 9.0 Turn L on Sanders Rd.
- 10.5 Bear R on Jersey St.
- 12.2 Turn R on County 57/Reber Valley Rd.
- 13.7 Turn L on County 14/Deerhead Rd.
- 15.4 Turn L on Crowningshield Rd.
- 17.7 Bear L on Moss Rd.
- 18.7 Turn R on County 12 and cross I-87.
- 19.5 Turn L on Garvey Mill Rd.
- 20.5 Turn R on County 10/Lewis-Wadhams Rd.
- 20.7 Turn L on Ray Woods Rd.
- 22.7 Turn L on Rt. 9.
- 22.8 Turn L on Steele Woods Rd.
- 25.7 Turn R on County 10/Lewis-Wadhams Rd.
- 28.6 Turn L on County 55/Walker Rd. and continue at 30.2 as road bears R until Rt. 22.
- 32.5 Cross Rt. 22 and continue County 55/Whallons Bay Rd.
- 35.3 Left on County 9/Lake Shore Rd.
- 38.1 Essex Ferry Dock.



⑦ Woman Suffrage Way

30.8 Miles
Intermediate

Lake and mountain views, low traffic, services in Essex and Whallonsburg.

A climb out of Essex is rewarded at the top of Christian Road by gorgeous views. Continue on to the crossroads of Whallonsburg, which formerly boasted an iron forge, hotel, foundry, wheelwright, sawmill, railroad station, shirt factory, and sash and blind factory. Now, the rich clay soils from the Champlain Sea provide nutrients for the corn and alfalfa grown in the region.

Approaching Lewis, the route passes Meadowmount School of Music, founded in 1944, and once the home of John Milholland who made his fortune by inventing the pneumatic mail tube. His beautiful daughter, Inez, an outspoken feminist and socialist, espoused the cause of world peace. Inez and other "suffragettes" pushed for a constitutional amendment that would establish voting rights for women nationwide. On the day Woodrow Wilson was inaugurated, 25-year-old Inez, astride a great white horse, led a parade of thousands of women down Pennsylvania Avenue. Within a few years, following an exhausting speaking tour, Inez was dead. A pageant held in her honor at Meadowmount attracted 10,000 people.

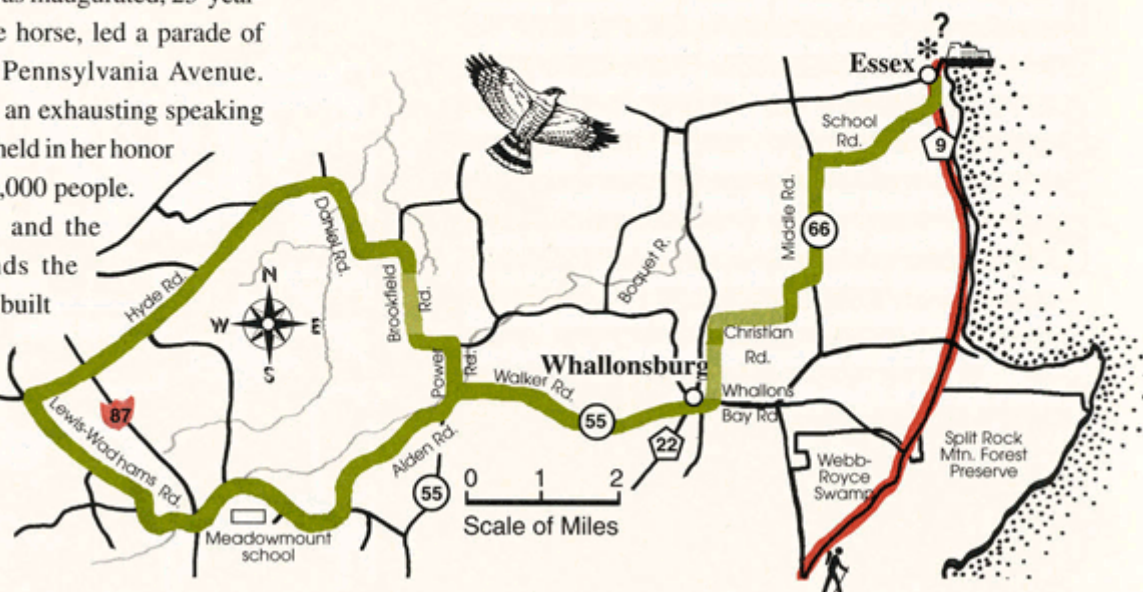
At the corner of Alden and the Lewis-Wadhams Road stands the French District School House, built operated until 1946. It is typical of the one-room school houses found throughout Essex County. Watch for wild turkeys, fox, and hawks.

Mile Point Directions

- 0.0 Head South at Essex Ferry on County 9/Main St.
- 0.3 Turn R on School Rd.
- 1.7 Turn L on County 66/Middle Rd.
- 2.9 Turn R on Christian Rd., unpaved for a short distance.
- 5.0 Turn R on County 55/Whallons Bay Rd.
- 5.3 Cross Route 22 and continue on County 55/Walker Rd.
- 8.5 Turn R on Power Rd.
- 9.1 Turn L Brookfield Rd.
- 10.4 Turn L on Daniels Rd.
- 11.8 Turn L on Hyde Rd.
- 12.4 Bear L on Hyde Rd.
- 15.7 Turn L on County 10/Lewis-Wadhams Rd.
- 19.7 Turn L on Alden Rd.
- 21.2 Turn L on County 55/Walker Rd. and at 22.6 continue as road bears R until Rt. 22.
- 25.5 Cross Rt. 22 and continue on County 55/Whallons Bay Rd.
- 25.8 Turn L on Christian Rd.
- 27.9 Turn L on Middle Road.
- 29.1 Turn R on School St.
- 30.5 Turn L on County 9/Main St.
- 30.8 Essex Ferry Dock



Start Here	*
Bike Route	
Unpaved	
Champlain Bikeway	
Info	?
Ferry	
Trail	
Head	



⑧ Coon Mountain Circuit

18.5 miles

*Intermediate, lake & mountain views, wildlife,
low traffic. Bike/hike combo possible.
Services in Essex and Whallonsburg.*

This route includes Split Rock Mountain, Webb-Royce Swamp, and Coon Mountain. Watch for bald eagles, peregrine falcons, osprey, herons, porcupines, and endangered timber rattlesnakes. The Split Rock tract and Webb Royce Swamp are owned by New York State, and represent the longest undeveloped tract (4.3 miles) on Lake Champlain.

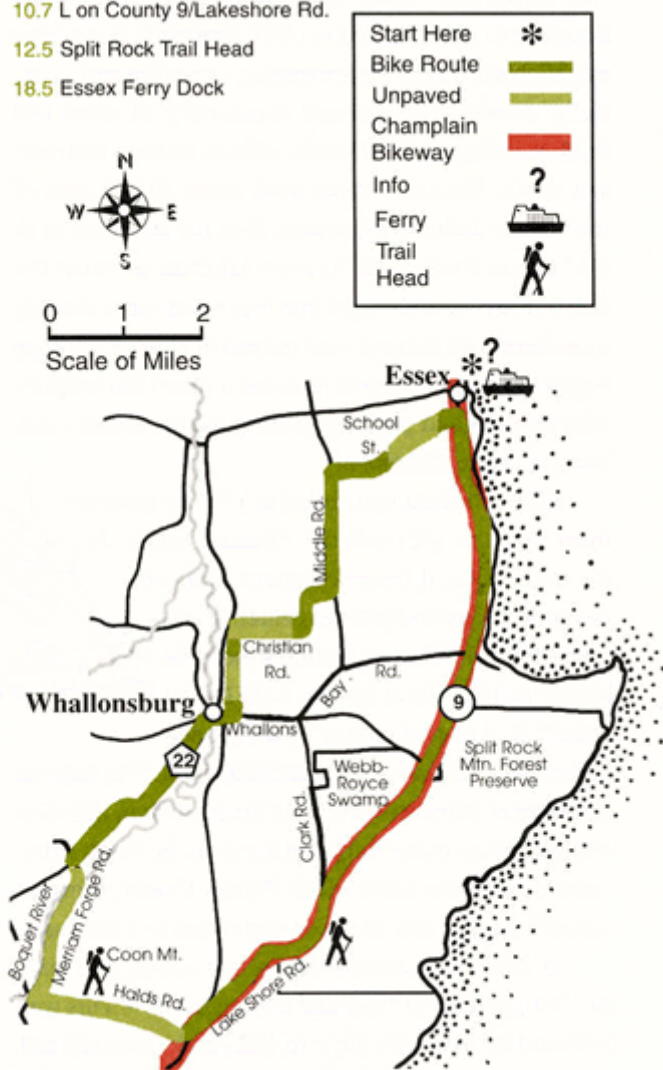
Iron ore was mined from Split Rock in 1870, and a granite company also operated here. Extracted resources in the 1900s were primarily logs and maple sap. Maple candy, made by John Burnham, was packed into birch bark baskets and shipped by rail all over the nation. The Split Rock trail head provides access to several old woods roads, conducive to hiking and cross-country skiing.

The mile-long trail to Coon Mountain off Halds Road, winds its way gently through wildflower ravines, hardwood, and pines to the rocky summit where colorful birds like scarlet tanagers and black-throated green warblers can be seen. Coon Mountain's history includes the snowy death site of William Gilliland, the area's founder, and local tales of ghosts and panthers.

Webb-Royce Swamp is the largest, most significant, hardwood swamp in the region, and is home to beaver, nesting herons, and osprey. It contains unusual plant species and is an important habitat for waterfowl within the Lake Champlain Flyway.

Mile Point Directions

- 0.0 Head South at Essex Ferry on County 9/Main St.
- 0.3 Turn R on School St.
- 1.7 L on County 66/Middle Rd.
- 2.9 R on Christian Rd.
- 5.0 R on County 55/Whallons Bay Rd.
- 5.3 L on Rt. 22.
- 7.5 L on Merriam Forge Rd. (no sign).
- 7.8 Cross Boquet River
- 9.0 L on Halds Rd.
- 9.9 Coon Mountain Trail Head
- 10.7 L on County 9/Lakeshore Rd.
- 12.5 Split Rock Trail Head
- 18.5 Essex Ferry Dock



Mountain-Coast Connector

⑨ 28 miles
Intermediate

*Farms/woodlands/lake views,
increased traffic on Routes 22, 9, & 9N.
Services in Westport and Elizabethtown.*

Westport was settled in 1770 as part of William Gilliland's land grant, and was originally named Bessboro after his daughter. Like Willsboro, Westport was wiped out during the Revolutionary War by the British but was re-settled in 1804. Francis Jackson later established an iron ore processing operation and eventually developed a planned community of stone and brick buildings, school house, offices, stables, and storage sheds. Moriah's mines sold some 20,000 tons of iron ore to Jackson's furnace. (See the description of the "Iron to Iron" route for more information about the iron industry.) As wrought iron was made more cheaply elsewhere with mineral coal instead of charcoal, forges began to close. Westport became a resort community with marinas and yachts replacing the ore-laden canal boats on Lake Champlain.

Elizabethtown was settled in 1791 by pioneers from Vermont who called it Pleasant Valley. In the mid-1800s, it became known as a summer arts colony and judicial center. A National Historic District includes the Hale House and the Hand House, built by the grandfather of two eminent justices and statesmen - Augustus and Learned Hand. The famous abolitionist John Brown's body lay in-state in Elizabethtown before being buried at his farm in North Elba. Learn more at the Adirondack History Center, a former school building that has been converted to a museum.

In Wadhams, Jesse Braman and Aaron Felt built the first gristmill in 1802 and a forge in 1819. This was followed by Myrick's forge in 1825 and a sawmill and

gristmill built at the same time by General Luman Wadhams. The Wadhams hydroelectric plant, one of the oldest in New York, was built in 1904 and originally furnished power for Moriah's iron mines.

Mile Point Directions

- 0.0 Head South on Rt. 22 at the Library Lawn in Westport.
- 1.0 Turn L on Camp Dudley Rd.
- 3.5 Turn L on Rt. 9N/Rt. 22.
- 3.6 Turn R on Napper Rd.
- 4.5 Turn R on Stevenson Rd. (no sign).
- 5.6 Turn L on Mountain Spring Rd.
- 6.7 Turn R on Macmahon Rd. (no sign).
- 9.1 Turn L on Ledgehill Rd., turns into Megsville Rd.
- 12.9 Turn L on Rt. 9N.
- 15.3 Entering Elizabethtown
- 15.7 Turn R on Rt. 9.
- 15.9 Turn R on County 8/Elizabethtown-Wadhams Rd.
- 23.0 Turn R on Rt. 22.
- 24.1 Turn R on Sam Spear Rd.
- 26.0 Turn L on Rt. 9N.
- 28.0 Library Lawn in Westport

Start Here	*
Bike Route	
Unpaved	
Champlain Bikeway	
Amtrak	
Camping	



⑩ Wet & Wild

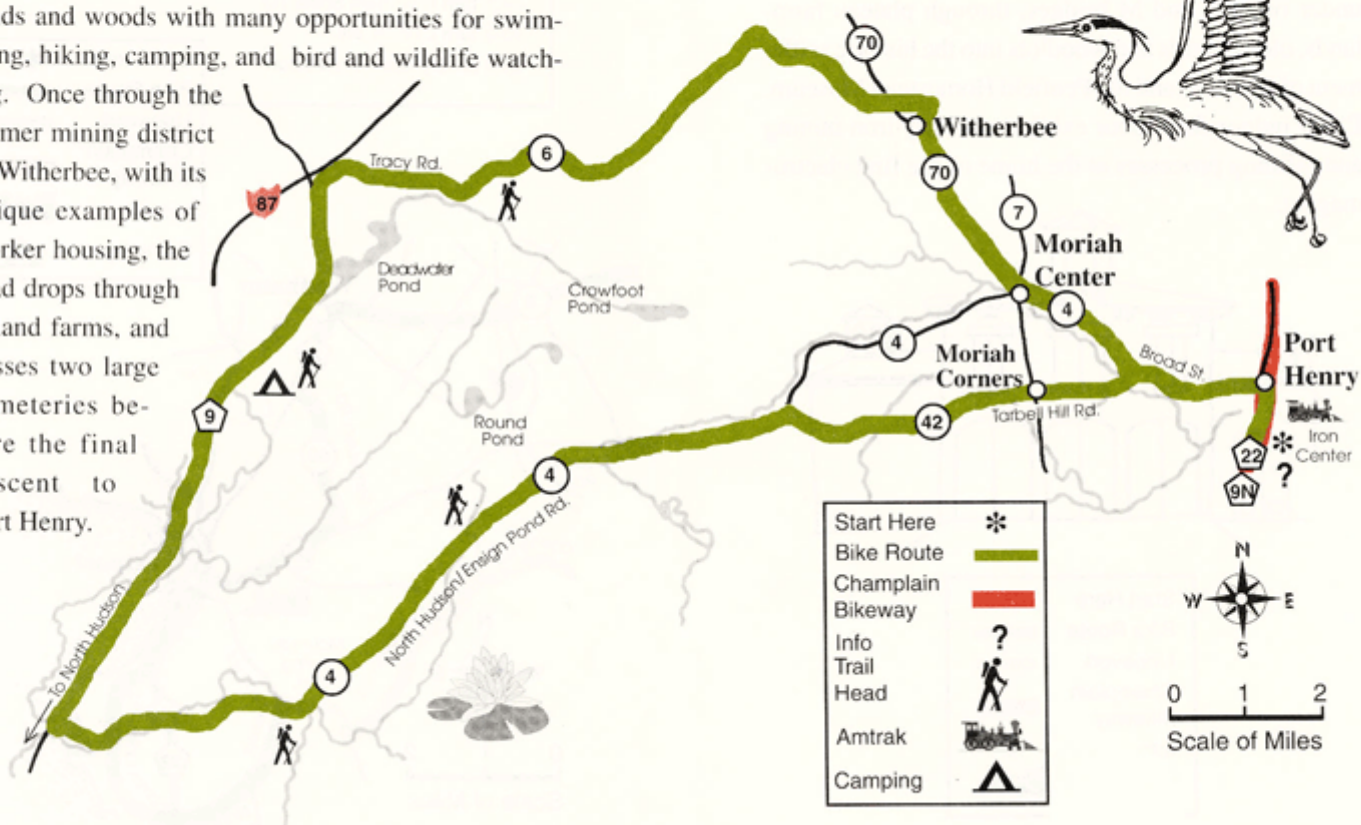
36.3 miles
Intermediate

*Paved roads, remote w/limited services,
low traffic, camping, hiking, wildlife.
Services in Port Henry, Moriah
Center and Moriah Corners*

This leisurely day long ride takes in two of the most remote paved roads in the Adirondacks in two townships---Moriah and North Hudson. Along with dozens of ponds and wetlands, you'll cross the headwaters of the Schroon River, Mill Brook, McKenzie Brook and Black Brook. Once up the hill and out of Moriah Corners services are left behind. Grades become gentle as the route winds through open marshlands and woods with many opportunities for swimming, hiking, camping, and bird and wildlife watching. Once through the former mining district of Witherbee, with its unique examples of worker housing, the road drops through upland farms, and passes two large cemeteries before the final descent to Port Henry.

Mile Point Directions

- 0.0 Iron Center in Port Henry - Parking.
- 0.0 Head North on County 4/Rt. 22/9N.
- 0.5 Turn L up hill onto Broad St.
- 1.8 Continue straight up hill on County 42/Tarbell Hill Rd.
- 2.9 Continue straight through intersection at Moriah Corners on County 42/West Moriah Rd.
- 5.9 Turn L onto Rt. 4.
- 15.4 Keep R to Rt. 9.
- 19.8 Sharp Bridge State Campsite on R.
- 22.4 Before I-87, turn R onto County 6/Tracy Rd.
- 30.2 At 4 way stop turn R.
- 32.7 Moriah Center - Bear L on Rt. 4.
- 34.4 Continue L at intersection on Rt. 4.
- 35.7 At bottom of hill turn R onto Rt. 22/9N.
- 36.3 Turn L to Iron Center.

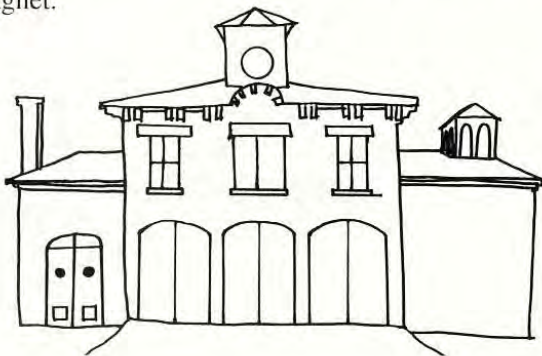


⑪ Iron to Iron

26.1 miles
Advanced

*Mostly paved, cross bike recommended.
Very hilly remote roads w/limited services &
some logging truck traffic. Museums, swimming.
Services in Port Henry.*

This hilly ride for railroad and mining history buffs begins at the Iron Center in Port Henry. The former site of Witherbee Sherman & Co's mine headquarters houses a local mining museum and outdoor train exhibit; foundations of a traveling crane and the Lake Champlain & Moriah railroad bed remain. The LC&M was the spur line which brought iron ore from Mineville to Lake Champlain. On your way out of Port Henry you'll pass under two LC and M bridges, through plateau farmlands, old orchards and woodlots into the historic settlement of Ironville and the Penfield Homestead Museum. Enjoy indoor & outdoor exhibits on early iron mining and refining processes at the home of the first electro-magnet.

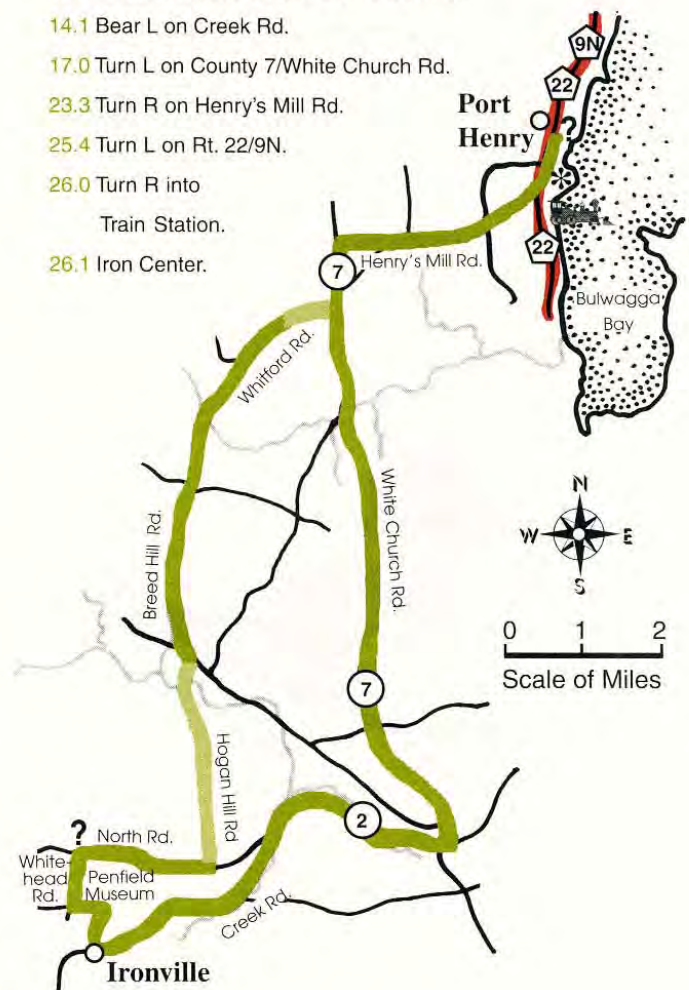


Start Here	*
Bike Route	
Unpaved	
Champlain Bikeway	
Info	?
Amtrak	

Mile Point Directions

- 0.0 Iron Center in Port Henry.
- 0.0 Turn L on Rt. 22/9N.
- 0.5 Turn R on Whitney Rd. and go under RR bridge.
- 1.0 Turn L on Lakeview Rd. (no sign) after bridge.
- 1.1 Pass under second RR bridge.
- 1.6 Turn R on Henry's Mill Rd. (up hill).
- 3.1 Turn L on County 7 (no sign).
- 3.8 Turn R on Whitford Rd. (no sign).
- 7.8 Narrow Town Rd. on R, bear L.
- 7.9 Turn R on Hogan Hill Rd. (no sign).
- At "T" turn R on North Rd. (up hill).

- 11.4 Turn L on Whitehead Rd.
- 12.7 Penfield Museum. Turn L on Creek Rd.
- 14.1 Bear L on Creek Rd.
- 17.0 Turn L on County 7/White Church Rd.
- 23.3 Turn R on Henry's Mill Rd.
- 25.4 Turn L on Rt. 22/9N.
- 26.0 Turn R into
Train Station.
- 26.1 Iron Center.



⑫ Stony Lonesome

16.5 miles
Intermediate

*Mtn/cross bike recommended,
remote unpaved roads with limited services,
museum, swimming, wildlife, low traffic.*

Get off your asphalt! This spectacular half day of mountain biking is on mostly remote, unpaved roads, with a variety of hills and valleys, open and wooded terrain, marshes, ponds, and streams.

This was formerly mining country and the ruins of forges, mills and railroad beds can be spotted along the route. Pieces of glassy blue "slag," a by-product of early blast furnaces, can be found along the road.

Stop at the Penfield Museum to learn more (described in "Iron to Iron" loop) or take a swim or a nap at Penfield Pond. Keep an eye out for nesting osprey and wear orange during hunting season.



Mile Point Directions

- 0.0 Penfield Museum in Ironville - Parking.
- 0.0 Head south on County 2/Creek Rd.
- 1.5 Turn R on Stony Lonesome Rd.
- 8.1 Turn R on Letsonville Rd. (no sign).
- 13.8 Bear R on Old Furnace Rd.
- 16.5 Penfield Museum in Ironville.



⑬ Fort to Fort

16.9 miles
Intermediate

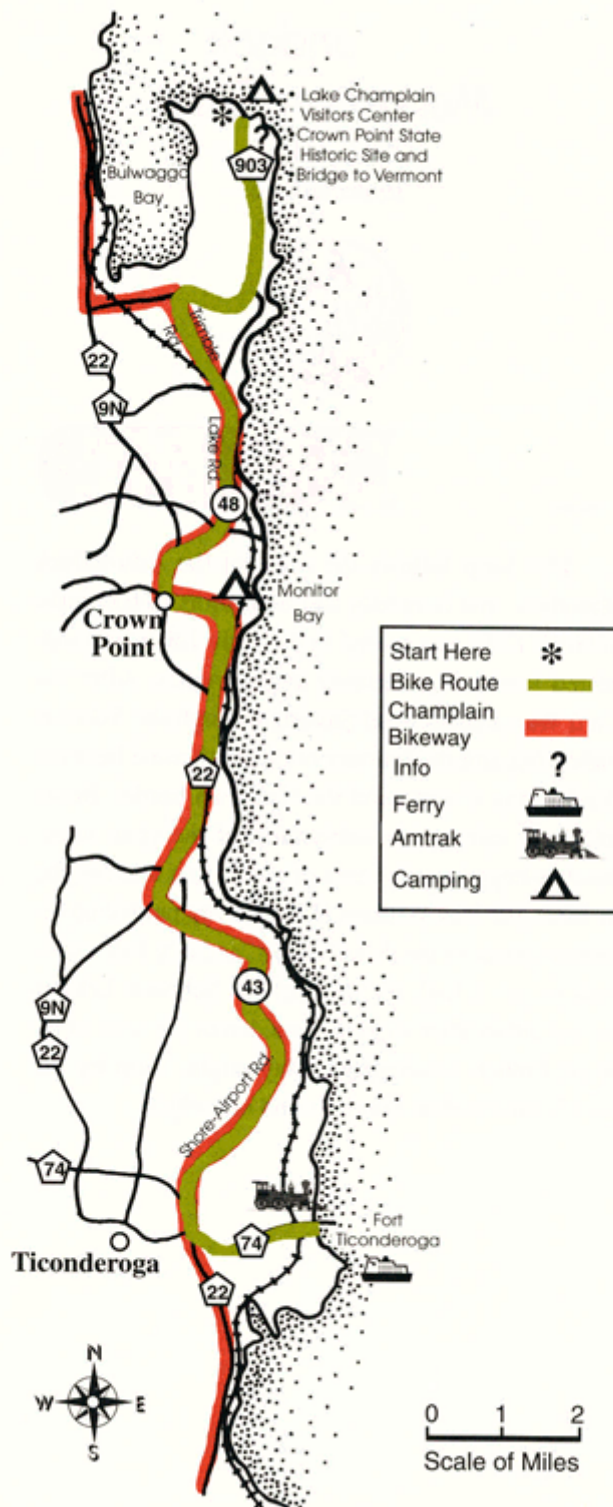
All paved & flat, commercial traffic. Historic sites (entry fees required), lake & farm views. Services in Crown Point and Ticonderoga.

This one way route begins at the Visitor's Center across from the Crown Point State Historic Site, where you can follow a network of walking trails and explore the ruins of two colonial French and British forts. From here the road traverses a rural Champlain Valley landscape of orchards and farms. At Fort Ticonderoga, the site of many French & Indian and Revolutionary War conflicts, you can inspect the reconstructed fort, visit the King's Garden, and view exhibits on military history.



Mile Point Directions

- 0.0 Lake Champlain Visitors Center - Parking.
- 0.0 Head South on Rt. 903 by turning L.
- 2.8 Turn L on Trimble Rd.
- 3.9 Cross RR and bear L on Lake Rd.
- 6.1 Turn L on Route 22/9N.
- 6.7 Crown Point.
- 10.8 Turn L on County 43/Shore Airport Rd.
- 14.9 Turn L on Rt. 22.
- 15.4 Turn L on Rt. 74.
- 15.9 Enter Gate on R to Fort Ticonderoga.
- 16.9 Fort Ticonderoga.



⑭ Adirondack Marathon Trail

26.2 miles
Intermediate



*All paved. Services & commercial traffic on Rt. 9.
Swimming, hiking, lake views*

This loop follows the route of the Adirondack Marathon, and is mostly flat with short rolling hills. Schroon Lake was settled in the early 1800s and supported lumbering, farming and tanneries. After the Civil War, a plank road passing through the Schroon Valley became the primary north/south route between Washington County and the Canadian border. Being relatively safe and passable most of the year, stage-coaches began regular runs of passengers and freight. In 1869, the Rev William H.H. Murray published his famous guide to the Adirondacks, and city folk clamored to get a look for themselves. Schroon Lake is named either after an Indian maiden or the wife of famous French novelist and playwright. Stop by the town's information booth to find out which.

Mile Point Directions

- 0.0 Start Line in downtown Schroon Lake - Parking.
- 0.0 Head North on Rt. 9.
- 1.9 Turn R on Alder Meadow Rd.
- 4.2 Turn R on East Shore Dr.
- 12.5 General Store and Parking. Turn R to continue on East Shore Dr.
- 17.0 Turn R on River Rd.
- 17.8 Turn R on Route 9.
- 26.1 Turn R on South Ave.
- 26.2 End of Marathon Trail in Schroon Lake.

