

**Ride To York Lake**  
**Start:** Whittemore Recreation Area, Peoples State Forest, East River Rd. Barkhamsted  
**NOTE:** This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team  
**Ride Write-up:** Wu-New196 [www.ctbikeroutes.org](http://www.ctbikeroutes.org)

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Mile	Dir	Road Info/Description	Mile	Dir	Road Info/Description
0.0	O	Start (gravel access road)			
0.0+	R	East River Rd.			
2.9	R	@ end w/ SS on Rt. 318 and... across bridge			
3.0	R	@ SS West River Rd			
7.0	R	@ end w/ SS Rt. 20, Riverton Rd			
7.3	L	@ General Store at curve onto Robertsville Rd >> Riverton Rd			
9.1	R	@ end w/ SS onto Rt. 8, (traffic)			
9.8	L	Sandy Brook Rd after sawmill			
13.6	R	Phelps Flat Rd (hard packed dirt, fine for road bikes)			
14.1	R	@ end w/ SS Rt. 183 Colebrook Rd >>Sandy Brook Turnpike			
21.2	R	E. Hill Rd (access road to York Lake in Sandisfield State Forest) (don't miss it!)			

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<b>Mile</b>	<b>Dir</b>	<b>Road Info/Description</b>
<b>21.5</b>	<b>O</b>	<b>York Lake, restrooms, picnic</b>
<b>-</b>	<b>RD</b>	<b>Retrace out to Rt. 183</b>
<b>21.8</b>	<b>L</b>	<b>@ SS onto Rt. 183</b>
<b>29.5</b>	<b>L</b>	<b>Sandy Brook Rd @ top of hill</b>
<b>33.9</b>	<b>R</b>	<b>@ end w/ SS onto Rt. 8 (traffic)</b>
<b>34.6</b>	<b>L</b>	<b>Riverton Rd &gt;&gt; Robertsville Rd</b>
<b>36.4</b>	<b>ST</b>	<b>@ SS Rt. 20 in Riverton, cross bridge (general store, ice cream, glass blower gallery in village)</b>
<b>36.5</b>	<b>R</b>	<b>@ end w/ SS East River Rd</b>
<b>37.8</b>	<b>R</b>	<b>Whittemore Recreation Area gravel road to parking lot</b>
<b>37.8+</b>	<b>O</b>	<b>Finish</b>

Mile	Dir	Road Info/Description
<b>Key:</b>		
<b>O = Start, End, Regroup</b>		<b>X = Cross</b>
<b>L = Left Turn</b>		<b>R = Right Turn</b>
<b>BL = Bear Left</b>		<b>BR = Bear Right</b>
<b>QL = Quick Left</b>		<b>QR = Quick Right</b>
<b>ST = Straight</b>		<b>TCO = To Continue On</b>
<b>SS = Stop Sign</b>		<b>RD = Reverse Direction</b>
<b>TL = Traffic Light</b>		<b>n/s = no street sign</b>
<b>&gt;&gt; = road name becomes</b>		