

Oceanside Metric Century

Start: Star Plaza parking lot just east of intersection of Rtes. 184 & 117, Center Groton

NOTE: This route sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Ride Write-up: Wu-New080

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start
0.0+	R	Out of parking lot onto Rt. 184
1.1	R	@ TL onto Flanders Rd
3.7	R	@ end w/ SS on New London Rd
4.1	BL	@ TL Rt. 215 (careful turning) >> Groton Long Pt. Rd @ 5.9 mi where Rt. 215 goes L
6.3	ST	@ SS to Duryea Dr
6.4	BL	TCO Duryea Dr
6.7	R	@ end w/ SS onto Island Ave
6.9	R	1 st R onto Island Circle (n/s)
7.2	R	@ end w/ SS onto Bridge St
7.3	L	@ end w/ SS onto Atlantic Ave
7.6	R	@ end w/ SS onto Beach Rd
7.7	L	@ end w/ SS onto W. Shore Rd
7.8	R	TCO W. Shore Rd >> S. Shore @ 8.0 and >> E. Shore @ 8.3

Mile	Dir	Road Info/Description
19.8	L	@ SS on Rt. 1
21.3	R	@ TL onto No. Water St (Rt. 1A)
21.9	L	Trumbull Ave (still Rt. 1A)
22.1	R	@ end w/ SS on Alpha Ave & over viaduct
22.4	L	Water St @ bottom of hill...follow to end @ Stonington Point
23.1	O	Rest @ Stonington Point; views
23.1+	RD	Retrace out on Water St
23.4	R	Cannon Square and...
23.4+	QL	@ SS onto Main St
23.8	L	Broad St (I-95 sign) after library
23.8+	R	@ SS onto Water St
23.9	BR	Onto Alpha Ave (Rt. 1A) and continue over viaduct
25.2	R	@ end w/ SS onto Rt. 1
26.3	R	@ TL onto Greenhaven Rd

Mile	Dir	Road Info/Description
8.7	R	@ SS TCO E. Shore (Beach Rd goes L)
9.2	R	@ end w/ SS Groton Long Pt Rd
9.4	O	Rest @ beach/park on right
9.4+	R	TCO Groton Long Pt Rd
9.6	R	Rt. 215 (Elm St)
12.5	Look	Comfort station on right
12.6	R	@ SS (busy) onto Rt. 1 (Mystic)
12.7	QL	Gravel St (careful turning)
12.9	L	@ end onto Eldridge St
13.0	R	@ SS onto Pearl St
13.2	L	@ bend onto Starr St
13.3	R	@ SS onto River Rd (views)
15.6	R	@ TL onto Rt. 27 (traffic)
15.7	BR	@ SS TCO Rt. 27
16.5	L	@ TL Jerry Browne Rd (careful)
18.1	R	@ SS sharply on Mistuxet Rd
18.4	L	Cove Rd

Mile	Dir	Road Info/Description
29.3	-	>> River Rd @ sharp left bend
31.4	-	>> Mechanic St
32.1	L	Palmer St (don't miss turn)
32.7	R	@ end w/ SS on Lathrop Ave
32.9	L	@ end w/ SS on Broad St (Rt. 1)
34.6	R	Sharply on South Anguilla Rd
36.1	R	Pequot Trail (Rt. 234)
36.3	L	North Anguilla Rd (careful turn)

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Key:

O = Start, End, Regroup

X = Cross

L = Left Turn

R = Right Turn

BL = Bear Left

BR = Bear Right

QL = Quick Left

QR = Quick Right

ST = Straight

TCO = To Continue On

SS = Stop Sign

RD = Reverse Direction

TL = Traffic Light

n/s = no street sign

>> = road name becomes

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36.8	Look	Stonington Country Club			
37.0	BL	TCO North Anguilla Rd			
39.1	L	@ end w/ SS on Rt. 184			
40.9	L	@ blinker on Taugwonk Rd (careful turning)			
41.5	Look	Stonington Vineyards on R			
44.0	ST	@ TL >> Pequot Trail (Rt. 234)			
45.2	R	Al Harvey Rd (after I-95 bridge)			
47.7	ST	@ SS cross Rt. 184 TCO Al Harvey Rd			
49.1	L	@ end w/ SS sharply on Rt. 201			
50.4	R	Sharply on Wolf Neck Rd			
51.5	ST	@ SS cross Lantern Hill Rd to Whitford Rd (n/s)			
52.1	ST	@ SS to Shewville Rd (enters from the right)			
53.4	R	Gallup Hill Rd (n/s) – don't miss			

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Mile	Dir	Road Info/Description
53.9	L	Wendell Comrie Rd – don't miss
54.6	ST	@ SS cross Pumpkin Hill Rd to Lambtown Rd
55.5	ST	@ SS cross Col. Ledyard Rd TCO Lambtown Rd
56.9	R	@ end w/ SS on Center Groton Rd (Rt. 117)
57.1	L	Sandy Hollow Rd
59.3	L	@ end w/ SS on Whale Head Rd
59.6	L	Vinegar Hill Rd
61.1	L	@ end w/ SS on Long Cove Rd
64.4	R	@ end w/ SS North Rd (Rt. 117)
64.6	L	@ TL on Rt. 184 (traffic - careful)
64.7	R	Shopping Plaza access road
64.7+	R O	Finish

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