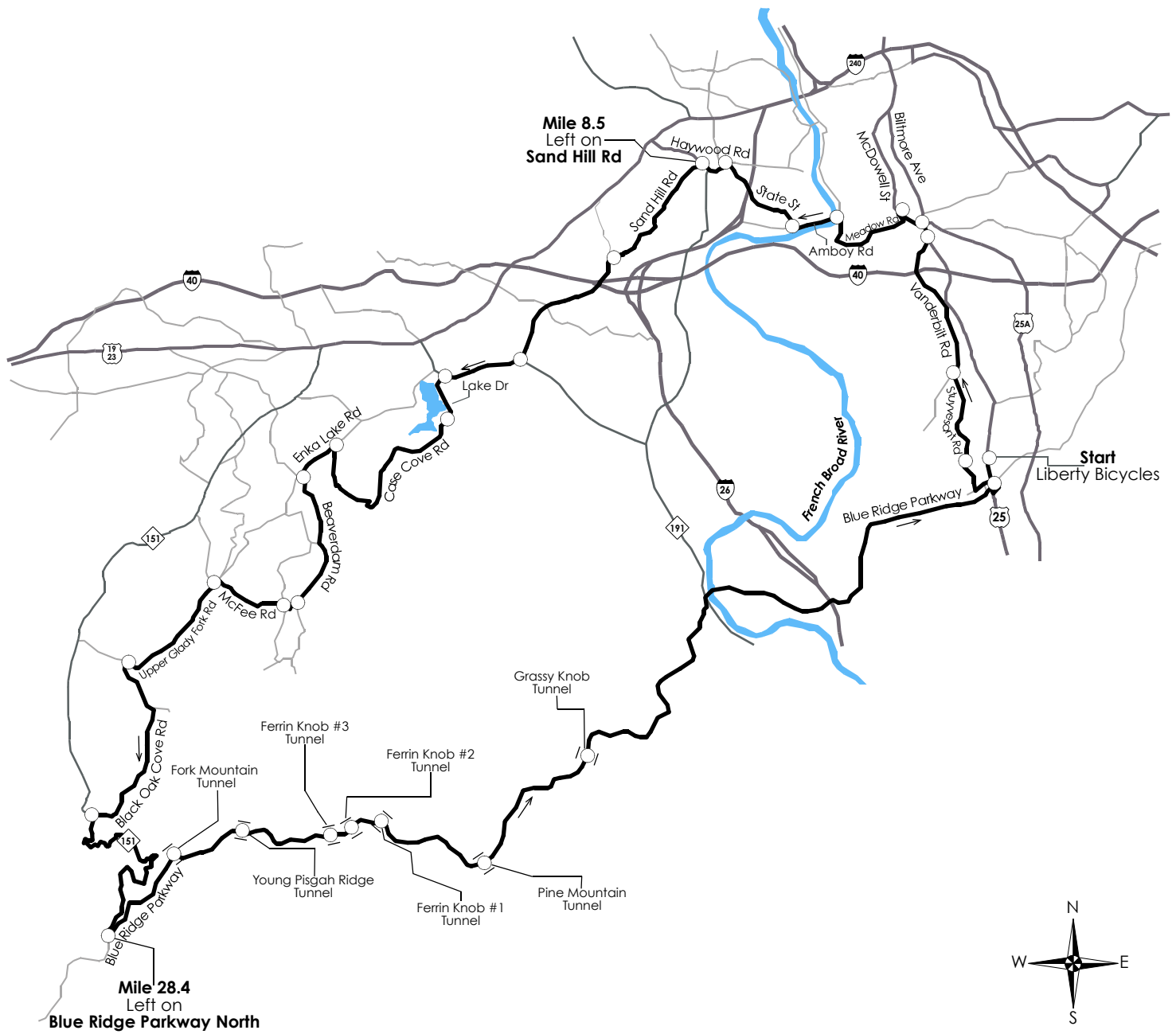


Ride begins at Liberty Bicycles at 1378 Hendersonville Rd in the Biltmore Parkway Center.

Total Miles	Go Miles			Total Miles	Go Miles		
0.0	0.0	↩	Exit left from Liberty Bicycles parking area	8.2	1.3	↩	At traffic light, turn left on Haywood Rd Caution: Traffic may be heavy
0.1	0.1	↩	At traffic light, turn left on Hendersonville Rd	8.5	0.3	↩	At traffic light, turn left on Sand Hill Rd
0.3	0.2	➡	Turn right on access road for the Blue Ridge Parkway	9.9	1.4	➡	At stop sign and blinker, turn left TRO Sand Hill Rd
0.4	0.1	➡	Bear right on access for Stuyvesant Rd	13.4	3.5	↩	Turn left on Lake Dr
0.6	0.2	➡	At stop sign, turn right on Stuyvesant Rd	14.5	1.1	↑	Straight , becomes Case Cove Rd
2.3	1.7	↑	Straight , onto Vanderbilt Rd	17.0	2.5	↩	At stop sign, turn left on Enka Lake Rd
4.3	2.0	↩	At traffic light, bear left on Old Souls Crescent	17.6	0.6	➡	At stop sign, turn left on Beaverdam Rd
4.5	0.2	↑	At traffic light, straight onto McDowell St	19.6	2.0	➡	Bear right on Lower Beaverdam Rd
4.9	0.4	↩	At traffic light, turn left on Short McDowell St	19.7	0.1	➡	Turn right on McFee Rd
5.0	0.1	➡	At stop sign, turn right on Meadow Rd	19.8	0.1	↩	Turn left and cross bridge onto Upper Gladly Fork Rd
6.3	1.3	↩	At traffic light, turn left on Amboy Rd	21.6	1.8	↩	Turn left on Black Oak Cove Rd No sign
6.9	0.6	➡	At traffic light, turn right on State St	24.3	2.7	➡	At stop sign, turn left on NC 151 Begin steep but cool and shaded ascent
			1				2
Total Miles	Go Miles			Total Miles	Go Miles		
28.4	4.1	↩	At stop sign, turn left on Blue Ridge Parkway North Caution: Turn on front and rear lights when riding through tunnels				End of Ride
29.9	1.5	↑	Straight — Fork Mountain Tunnel				TRO To Remain On
30.9	1.0	↑	Straight — Young Pisgah Ridge Tunnel				Total Ascent 4590'
32.4	1.5	↑	Straight — Ferrin Knob Tunnel #3				
32.5	0.1	↑	Straight — Ferrin Knob Tunnel #2				
33.0	0.5	↑	Straight — Ferrin Knob Tunnel #1				
34.6	1.6	↑	Straight — Pine Mountain Tunnel				
36.7	2.1	↑	Straight — Grassy Knob Tunnel				
45.3	8.6	➡	Turn right on approach road to Hendersonville Rd				
45.5	0.2	➡	At stop sign, turn right on Hendersonville Rd				
45.7	0.2	➡	Turn right into Biltmore Parkway Center				
45.8	0.1	↑	Straight into Liberty Bicycles' parking area				
			3				4

Ben's Ride 45



Profile

