

# Middletown Area – Sleeping Giant

Start: I-91 Exit 20 CPL, Middletown

Ride Write-up: Wu-WE078

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start out of CPL
0.0+	R	Country Club Rd
1.1	R	Higby Rd
2.4	ST	Cross Meriden Rd (Rt. 66) @ TL onto Jackson Hill Rd
4.5	ST	@ SS onto Main St (Rt. 157)
5.7	R	TCO Rt. 157
5.9	L	Lyman Orchards access road
6.0	O	<i>Lyman Orchards salesroom</i>
-	RD	Retrace out to exit
6.2	L	@ SS onto Rt. 157 (uphill)
8.0	L	@ end w/ SS onto Rt. 68
8.9	R	Pent Rd
9.8	R	@ end w/ SS on Tri Mountain Rd
11.1	R	@ end w/ SS onto Howd Rd >> Whirlwind Hill Rd
13.0	ST	@ SS TCO Whirlwind Hill Rd (2 steep downhill sections)
14.2	L	@ end w/ SS onto E. Center St

Mile	Dir	Road Info/Description
25.5	L	Into Sleeping Giant State Park
25.5+	O	<i>Lunch</i>
-	RD	Retrace to park exit
25.6	R	@ SS onto Mt. Carmel Ave
25.9	R	@ TL onto Rt. 10 north (Whitney Ave) (heavy traffic)
26.5	R	Tuttle Ave
28.2	KL	@ "Y" TCO Tuttle Ave
30.1	L	@ SS onto Cheshire Rd >> Boulder Rd >> Coleman Rd
32.5	R	@ end w/ SS on Wallingford Rd
32.6	L	Talmadge Rd
33.4	L	@ end w/ SS onto Rt. 68 and...
33.4+	QR	@ TL onto Rt. 70 (Meriden Rd)
37.1	L	Oregon Rd (over bridge)
37.8	L	@ TL onto Coe Ave
38.5	L	@ end w/ SS on Allen St and...
38.5+	QR	Spring Glen Dr
38.9	R	@ end w/ SS on Goodspeed Av

Mile	Dir	Road Info/Description
14.8	L	Northford Rd
15.0	R	Tyler Mill Rd (dirt ahead)
16.2	ST	Cross bridge
16.2+	KR	TCO Tyler Mill Rd (n/s) (Maltby Lane goes left)
17.1	ST	@ end w/ SS onto Woodhouse Rd (Rt. 150)
17.7	BR	@ SS onto Village St
18.5	R	@ SS on Rt. 22 (Clintonville Rd)
21.8	ST	Cross over I-91
22.4	ST	Cross over Rt. 15
23.0	ST	Cross over Rt. 40 and...
23.1	R	TCO Rt. 22 (Davis Rd)
24.0	L	TCO Rt. 22 (Ives St) and...
24.1	R	New Rd
24.9	BR	@ bridge TCO New Rd
25.4	R	@ end w/ SS on Mt. Carmel Ave

Mile	Dir	Road Info/Description
39.0	L	@ end w/ SS onto Johnson Ave (uphill)
39.2	R	Smithfield Ave

(Continued on Page 2)

## Key:

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SS = Stop Sign    RD = Reverse Direction  
TL = Traffic Light    n/s = no street sign  
>> = road name becomes

DLB04023

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39.4	ST	Cross Main St (Rt. 322) @ SS onto Hubbard Park Dr
39.7	ST	Through gate & underpass onto Reservoir Rd (n/s) >> Park Dr
41.0	BR	Through barrier TCO Park Drive

**Note: @ mileage cue 41.0, keep left for an optional climb to Castle Craig. This will add 3.6 to the total mileage. Be very careful on the descent on sharp curve near the bottom!! It's a killer curve, literally.**

41.4	L	Edgewood Rd
42.8	R	Orchard Rd
43.7	ST	Cross Chamberlain Hwy (Rt. 71) @ SS (fruit stand to left)
46.1	ST	Cross Toll Gate Rd @ SS TCO Orchard Rd

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