

NARRAGANSETT BAY WHEELMEN ## 4

VOLUNTOWN-STERLING-ONECO 30 and 17 miles Start: Barbara Brennan Grove, Route 165, Exeter, R.I., just before Connecticut border

Terrain: Rolling, with two steep but not long hills. Spectacular downhill run on Green Lane.

Very scenic, very rural ride through a mixture of forest and farmland. Route 49 between Congdon Rd. and 14A runs along Ekonk Hill, a magnificent high open ridge with superb views. Just off Goshen Rd. is an old mill with a fine dam. Sterling and Oneco are small milltowns with the traditional row of identical wood mill housing.

FOOD: Pizza and grocery on Rt. 14, Plainfield.

CAUTION: Beach Pond is used for swimming in the summer; watch for beach traffic on Rt. 165

17 miles: Turn right onto Congdon Rd. from Route 49.

SEE MAP #3
This map shows the short loops of the Beach Pond Ride.