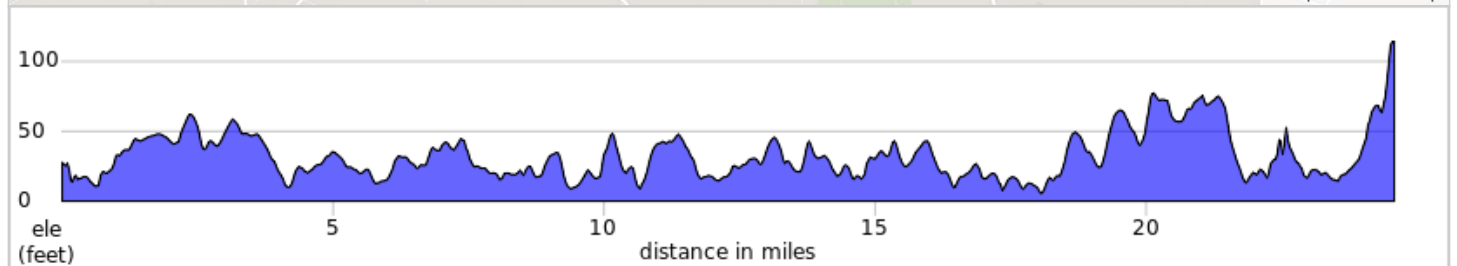
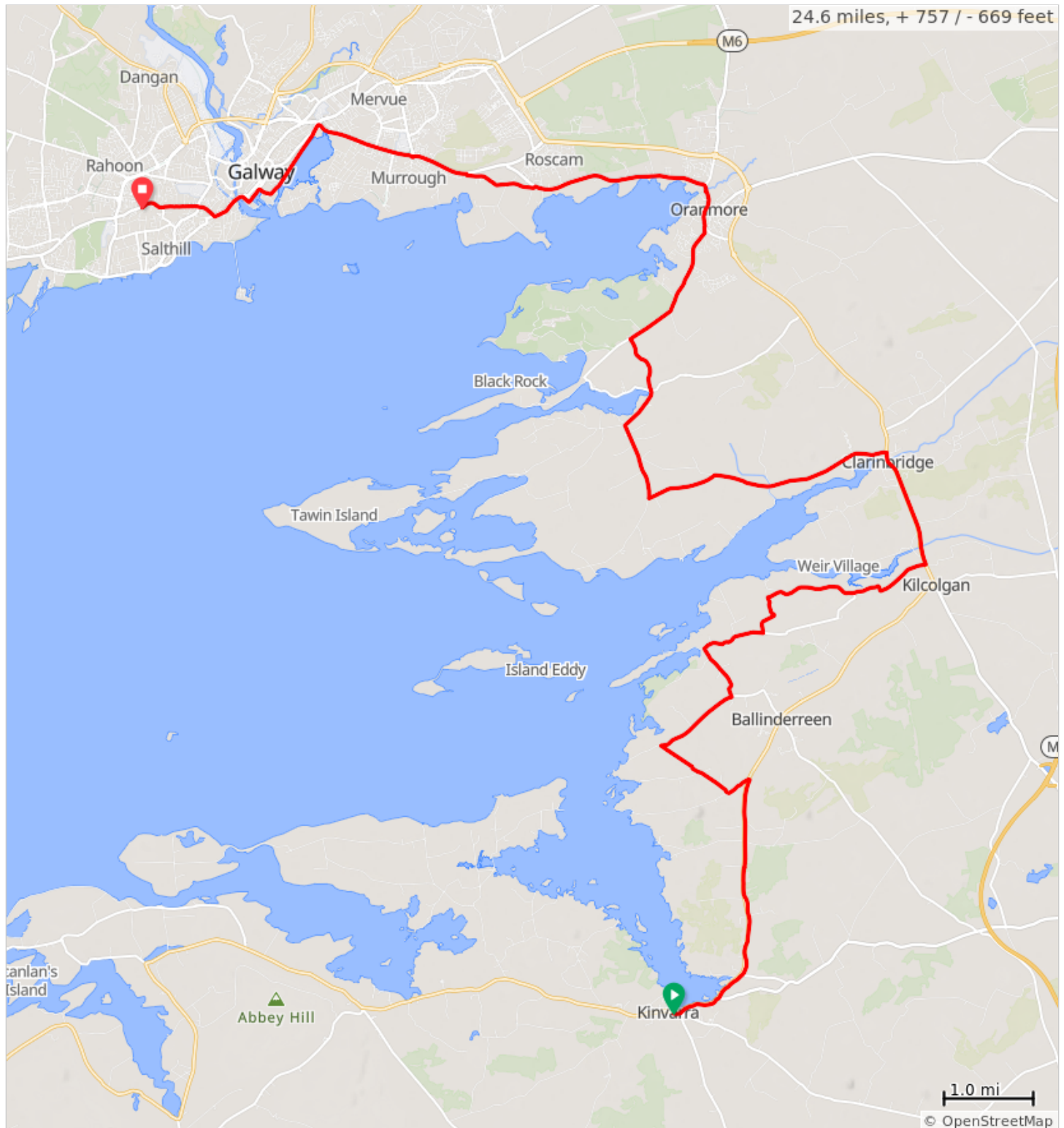


















Day 8 Kinvara to Galway (traced)











Day 8 Kinvara to Galway (traced)

Dist	Type	Note
0.0		Start of route
3.2		L
3.4		R onto L8561
4.4		L onto L85613
4.4		Continue onto L8562
5.3		L onto L8562
6.0		R onto L8563
6.7		L onto L8563
9.2		L onto N67
10.5		L onto L4101
13.3		Sharp R onto L4101
14.2		R onto L4101
15.3		R onto L4101

15.3 miles. +372/-358 feet

Dist	Type	Note
23.3		Continue onto Spanish Parade, R336
23.7		R onto Father Griffin Ave/R337
24.6		End of route

2.5 miles. +104/-10 feet

Dist	Type	Note
16.9		L onto Main Street, L71083
17.2		Slight L onto R338
17.3		At roundabout, take exit 2 onto R338
19.4		L onto Rosshill Road, L5037
20.2		L onto Dublin Road, R338
20.8		At roundabout, take exit 2 onto Dublin Road, R338
21.9		Keep L onto College Road
22.1		Keep L onto Lough Atalia Road, L5048

6.7 miles. +165/-164 feet